

2021 Pediatric Sports Medicine and Orthopedics Conference

November 19, 2021

Using a credit card? Register online at:

bit.ly/NCHSportsMedConf2021

Registration Deadline is Wednesday, November 17, 2021

Please print

Name (First, Last) _____

Credentials (MD, RN, etc.) _____

Organization _____

Address _____

City _____ State _____ Zip _____

Preferred Phone _____

Email Address (required) _____

Special Services Required: ADA—We encourage participation by all individuals. If you have a disability, advanced notification of your needs will help us serve you better. Please notify us of your needs at least two weeks in advance.

- Nursing Mother Vegetarian Option
 Sign Language Interpreter Gluten Free Option
 Wheelchair Seating Vegan Option
 Other _____

Registration Fees:

- \$125 General In-person Attendee
 Sports Medicine Track Rehabilitation Track
 \$100 NCH/OSU Employee: In-person
 Sports Medicine Track Rehabilitation Track
 \$75 Trainee/Fellow: In-person
 Sports Medicine Track Rehabilitation Track
 \$75 Virtual Attendee
 Sports Medicine Track Rehabilitation Track

Conference materials will be provided electronically to all attendees.

Type of Continuing Education Credit Desired:

- Physician Physical Therapist Athletic Trainer
 Other: _____

Payment: Purchase Order #: _____ Check #: _____

Credit Card — Using a credit card? Register online at:
bit.ly/NCHSportsMedConf2021

Interdepartmental Transfer: Please complete the AM-8 Request for Travel Approval form on Anchor and forward with manager signature with completed registration form.

Amount Enclosed \$ _____ Tax ID: 31-4379441

Please make checks payable to Nationwide Children's Hospital and mail with registration form to:

Nationwide Children's Hospital
Courtney Cooke, MA — Sports Med Conference
700 Children's Dr. Columbus, OH 43205

Note: Individuals utilizing a purchase order must include an original copy of the order with a signature, number and billing address in order to be registered. This issuance of a purchase order to secure a registration slot is an obligation for payment whether the participant attends, cancels or is absent from the conference. Payment for purchase orders is required within 30 days of receipt by Nationwide Children's Hospital.



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When your child needs a hospital, everything matters.

Nationwide Children's Hospital
ATTN: CME & Conferences
700 Children's Drive
Columbus, OH 43205-2696



Pediatric Sports Medicine and Orthopedics Conference

November 19, 2021

Virtual & In-person options available



NATIONWIDE
CHILDREN'S

When your child needs a hospital, everything matters.

2021 Pediatric Sports Medicine and Orthopedics Conference

November 19, 2021 | 8 a.m. – 4:45 p.m.

Nationwide Children's Hospital Conference Center
520 Butterfly Gardens Drive, Columbus, Ohio 43215

General Session

8–8:15 a.m.	Welcome and Introduction
8:15–9 a.m.	New Limb Lengthening and Limb Deformity Correction Paradigm Christopher Iobst, MD, FAOA
9–9:45 a.m.	Scrum, Mauls and Rucks — What is youth rugby and should my kid play? James MacDonald, MD, MPH
9:45–10 a.m.	Q&A
10–10:15 a.m.	Break
10:15–11 a.m.	Sports Physicals—What's New with the PPE Alvin Chi, MD
11–11:45 a.m.	Trauma & Emergencies in Sport Drew Duerson, MD
11:45 a.m. – Noon	Q&A
Noon – 1 p.m.	Lunch

Sports Medicine Track Musculoskeletal Issues in Sports

1–1:30 p.m.	Role of Osteopathic Manipulation in Sports Medicine Frances Comer, DO
1:30–2 p.m.	Joint Injections in Kids: Utility & Safety Richard E. Rodenberg, MD
2–2:30 p.m.	Important Cases Not to Miss Thomas Pommering, DO
2:30–2:45 p.m.	Q & A
2:45–3 p.m.	Break
3–3:30 p.m.	Overtraining Syndrome in Youth Athletes Anastasia Fischer, MD, FACSM
3:30–4 p.m.	Long Term Consequences of Concussion Jonathan Napolitano, MD
4–4:30 p.m.	Sports Dermatology Reno Ravindran, MD
4:30–4:45 p.m.	Q & A

Rehabilitation Track

1–1:45 p.m.	Mental Toughness: Is Your Brain Strong Enough? Tips for Maximizing Rehab & Recovery from Injury Jessica Jones, PT, DPT
1:45–2:30 p.m.	Tackling Athletic Groin Pain: Comprehensive Evaluation & Treatment Techniques Amanda Drake PT, DPT, OCS, CSCS
2:30–2:45 p.m.	Q & A
2:45–3 p.m.	Break
3–3:45 p.m.	Bridging the Gap: Linking Sports Medicine and Sports Performance with Lower Extremity Injury and Return to Sport Jesse Padgett, MS, CSCS, RSCC, SCCC Jesse Parthemore MS, AT, ATC
3:45–4:30 p.m.	Dropping the Ball: Incorporating Medicine Balls into Rehab and Training Herm Hundley, Jr., MS, ATC, CSCS
4:30–4:45 p.m.	Q & A

Faculty



Alvin Chi, MD Frances Comer, DO Amanda Drake, PT, DPT, OCS, CSCS Drew Duerson, MD Anastasia Fischer, MD, FACSM



Herm Hundley, Jr., MS, ATC, CSCS Christopher Iobst, MD, FAOA Jessica Jones, PT James MacDonald, MD, MPH Jonathan Napolitano, MD



Jesse Padgett, MS, CSCS, RSCC, SCCC Jesse Parthemore, AT, ATC, MS Thomas Pommering, DO Reno Ravindran, MD Richard E. Rodenberg, MD

Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

Nationwide Children's Hospital requires individuals in a position to control content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest. The intent of this policy is to ensure accredited activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. All relevant conflicts will be mitigated prior to participation in the activity. In addition, all faculty were instructed to provide balanced, scientifically rigorous, and evidence-based presentations.

Continuing Education

In support of improving patient care, Nationwide Children's Hospital is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credits — AMA PRA Category 1 Credits™ (7.00 hours),
CME Non-Physician (Attendance) (7.00 hours)

Medicine CME

Nationwide Children's Hospital designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Athletic Trainers

Nationwide Children's Hospital (BOC AP#: P3772) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 7.0 Category A CEUs. ATs should claim only those hours actually spent in the educational program. Nationwide Children's Hospital has applied for EBP CEU credit for this conference.

Physical Therapists

Application submitted to the OPTA for continuing education credit.

Educational Objectives

1. Reduce the risk of complications associated with trauma and emergencies in sport.
2. Outline the latest components of the Pre-Participation Physical Evaluation (PPE).
3. Assess the epidemiology, diagnosis and management of rugby injuries.
4. Analyze the safety and utility of joint injections in kids.
5. Recognize the causes and symptoms of Overtraining Syndrome.
6. Evaluate the long term consequences of concussion.
7. Understand the presentation and treatment of various skin conditions in athletes.
8. Utilize mental toughness to optimize recovery from injury.

Intended Audience

Physicians, athletic trainers, physical therapists, physician assistants, nurses, and other health care providers who treat pediatric patients with sports medicine injuries and orthopedic problems.



Registration

Attendees may register online at bit.ly/NCHSportsMedConf2021 or by using the attached registration form. Please follow the instructions carefully. The in-person registration fee includes educational materials, access to virtual exhibits and continental breakfast, lunch and afternoon refreshments. Virtual registration, including access to all educational presentations and materials via Zoom links, is also available.

Due to Nationwide Children's COVID-19 safety protocols, in-person attendance is limited and this year attendees must choose an afternoon breakout track. Those in-person attendees choosing the Rehabilitation Track will be able to view a live stream of the morning session. Live stream of the Sports Medicine track will also be available to those attending the Rehabilitation Track.

Registration Deadline: Wednesday, November 17, 2021

Confirmation

A confirmation letter, receipt and additional conference information will be sent to those whose registrations are received and processed by the **November 17, 2021** deadline.

Location and Parking

Nationwide Children's Hospital Conference Center,
520 Butterfly Gardens Drive, Columbus, Ohio 43215, (614) 355-0650
Free parking available on-site.

Cancellation Policy

A refund, minus 30% for administrative costs, will be given for cancellations received in writing before **November 17, 2021**. After this date, no refund will be available.

Conference Planning Committee

Steven Cuff, MD, Program Chair	Leslie Coonfare, DNP, MBA,
Drew Duerson, MD	RN, NPD-BC
Lia Mazzarelli	Jessica Dudley, BA
Erika Orahood, AT	Courtney Cooke, MA
Alexander Rospert, PT	Laura Lehman, MBA
Maggie Rule, MS, AT, ATC	

Conference Sponsors

Nationwide Children's Hospital Department of Sports Medicine
Nationwide Children's Hospital Department of Education

Questions

Courtney Cooke, MA — Education Coordinator
Nationwide Children's Hospital
Attn: Sports Medicine and Orthopedics Conference
700 Children's Dr. | Columbus, OH 43205
Phone: (614) 355-0650 | Fax: (614) 355-0670
Email: Courtney.Cooke@NationwideChildrens.org